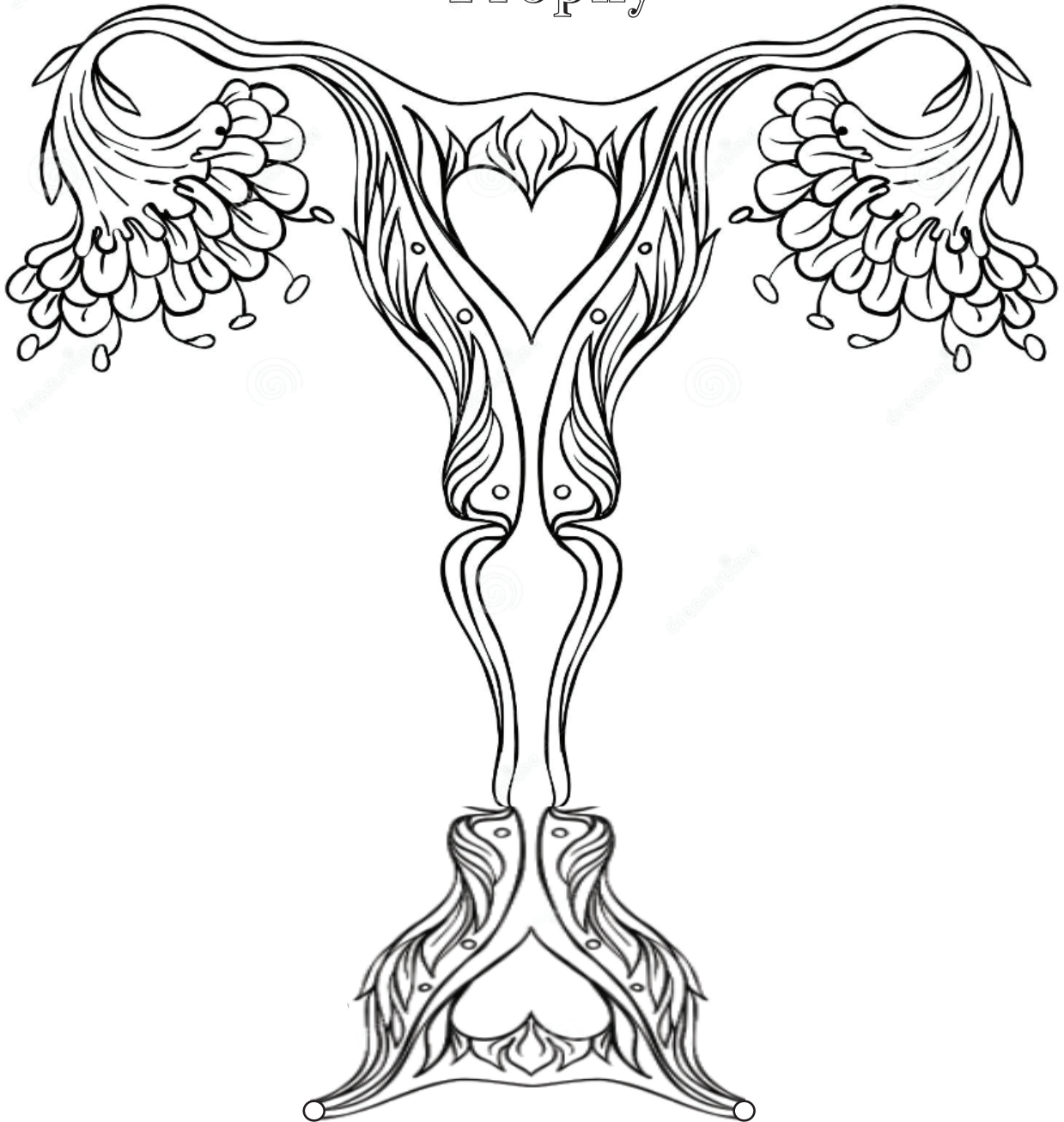


Mama's Pandemic Survival Trophy



Mama's Comfort Camp presents the Pandemic Survival Trophy on 3/11/2021: Exactly a year ago today, the world health organization declared a global pandemic. Schools shut down, and everything became so much harder. We had no idea how long it would last, and we still don't know when this will end. Mothers have held the world upright. So today, we present you with a coloring page that you probably don't have the time or energy to color. No worries. It's an award certificate. Print it and hang it somewhere. Or don't, that's not the point. The point is to recognize your heavy lifting and your sacrifices. Go to a mirror and salute yourself. For carrying on in the wilderness. For keeping your family in some working order. For all the breakdowns, the dropped balls, the things that feel like failures but are, in fact, triumphs. So your mission, should you choose to accept it: find a mirror and salute yourself. Blow yourself a kiss. You rock so hard, you are a diamond. We love you. We see you.

Mama's Comfort Camp is a free and loving international mothers' community. Join us here: www.facebook.com/groups/mamas.comfort.camp

PS: Yes, the trophy is supposed to remind you of something. The illustration is adapted from a drawing by @varvaragorbash